



Proclamation

By the Governor of Alabama

WHEREAS, as Alabama recognizes National Wellness Month in August, it is fitting to emphasize that health literacy is a cornerstone of personal wellness, empowering individuals and families to make informed decisions that lead to healthier lives; and

WHEREAS, health literacy, defined as the ability to find, understand and use reliable health information and services, is essential to helping individuals make informed decisions, prevent disease, manage chronic conditions and improve their overall quality of life; and

WHEREAS, access to accurate, timely and understandable health information empowers Alabamians of all ages to make healthier choices for themselves, their families and their communities; and

WHEREAS, improving health literacy contributes to stronger communities by encouraging preventative care, reducing health disparities, increasing access to available resources and supporting better health outcomes throughout our state, particularly those in rural and underserved areas that continue to face barriers to accessing healthcare services, preventive education and trusted health information; and

WHEREAS, state agencies, healthcare providers, educational institutions, nonprofit organizations and community partners – including the Alabama Department of Public Health, the Alabama Department of Mental Health and countless local organizations – work collaboratively to improve the health and wellbeing of all Alabamians through education, outreach, prevention and access to care; and

WHEREAS, promoting health literacy strengthens Alabama's families, workforce, schools and economy by helping citizens live healthier, more productive lives and encouraging informed participation in their own healthcare; and

WHEREAS, Alabama recognizes the importance of health literacy and supports efforts to expand access to reliable health information:

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim August 2026, as

Alabama Health Literacy Month

in the state of Alabama.



Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 24th day of July 2026.

Kay Ivey
Kay Ivey, Governor