



Proclamation

By the Governor of Alabama

WHEREAS, the Alabama Department of Mental Health (ADMH) and the Substance Abuse and Mental Health Services Administration (SAMHSA) celebrate National Prevention Week each year. National Prevention Week, May 10 through 16, 2026, brings together communities and organizations across the United States, to raise awareness about the importance of substance use prevention and positive mental health; and

WHEREAS, substance misuse and mental illness are public health issues impacting Alabama communities and businesses. Alabamians who experience times of difficulty and stress in their lives should feel comfortable in seeking help and support to manage these times. With communication, commitment and support, substance misuse and mental health issues can be prevented; and

WHEREAS, through National Prevention Week, people become more aware and able to recognize the signs of mental health and substance misuse. Equally important, community members from all walks of life learn how they can help build better communities, strengthen resilience and create hope to keep those around them—and themselves—healthy and safe; and

WHEREAS, National Prevention Week focuses on communities coming together and ongoing work of prevention in Alabama and the nation. National Prevention Week recognizes the achievements of prevention organizations and individuals nationwide, of which Alabama has 27 Certified Prevention Providers; and

WHEREAS, the ADMH encourages everyone to recognize the power of prevention, and the tireless efforts of those working to make a difference. The small, daily actions performed by individuals, combined with these of families, communities and coalitions, come together to make a strong movement of prevention; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen is encouraged to promote mental health and wellbeing for all:

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim May 10 through 16, 2026, as

National Prevention Week

in the state of Alabama.



Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 14th day of May 2026.

Kay Ivey

Kay Ivey, Governor