



Proclamation

By the Governor of Alabama

WHEREAS, as more than 33 million Americans have food allergies, nearly 6 million are children under the age of 18; and

WHEREAS, research shows that the prevalence of food allergies are increasing among children and adults; and

WHEREAS, nine foods cause the majority of all food allergy reactions in the U.S.: Shellfish, fish, milk, eggs, tree nuts, peanuts, soy, wheat and sesame. Food allergy reaction can range from mild symptoms to severe reactions, such as anaphylaxis; and

WHEREAS, anaphylaxis is a serious allergic reaction that is rapid in onset; and

WHEREAS, every 10 seconds, food allergies send a patient to the emergency room. Reactions typically occur when an individual unknowingly eats food containing an ingredient to which they are allergic; and

WHEREAS, emergency medical treatment for severe allergic reactions to food has increased by 377 percent in only a decade; and

WHEREAS, childhood food allergies cost U.S. families \$34 billion each year; and

WHEREAS, FARE (Food Allergy Research & Education) is a national, nonprofit organization dedicated to improving the quality of life and the health of individuals with food allergies, and to providing them hope through the promise of new treatments;

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim May 10 through 16, 2026, as

Food Allergy Awareness Week

in the state of Alabama.



Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 8th day of May 2026.

Kay Ivey

Kay Ivey, Governor