



Proclamation

By the Governor of Alabama

WHEREAS, Epilepsy Awareness Month is a nationwide effort to raise awareness about the epilepsies, seizures and side effects, as well as to improve the lives of people affected by epilepsy through education, advocacy, research and connection; and

WHEREAS, epilepsy is defined by a tendency to experience seizures—sudden, abnormal bursts of electrical activity in the brain that can disrupt behavior, awareness and bodily control. There are multiple types of seizures and they can look different in different people; and

WHEREAS, epilepsy can also lead to challenges such as fatigue, memory difficulties, mood changes, anxiety and trouble concentrating, all of which can significantly impact daily life. Epilepsy is a spectrum disease comprised of many diagnoses, including a growing number of rare epilepsies that are increasingly being identified through their genetic links; and

WHEREAS, epilepsy is the fourth most common neurological disorder. Nearly 3.4 million people in the U.S. including more than 54,000 in Alabama live with active epilepsy; and

WHEREAS, being diagnosed with epilepsy can affect your safety, relationships, independence and so much more, and despite challenges, many people with epilepsy can live happy, healthy and productive lives with proper medical care and treatment; and

WHEREAS, while many treatments are approved to treat seizures, 30 to 40 percent of people with epilepsy still live with uncontrolled seizures and the epilepsy-related medical costs associated with uncontrolled epilepsy are two to 10 times higher than those of controlled epilepsy; and

WHEREAS, protections exist in the Americans with Disabilities Act and related civil rights laws but people with epilepsy still encounter discrimination in areas including employment, education and housing; and

WHEREAS, we must increase public knowledge about the epilepsies and seizure first aid to change the way people think about the epilepsies and seizures, decrease stigma and improve outcomes; and

WHEREAS, the Epilepsy Foundation Alabama is a statewide nonprofit organization working to ensure no one faces epilepsy alone through free seizure first aid trainings, advocacy efforts, support groups, awareness events and more to support the one in 26 who will develop epilepsy in their lifetime:

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim November 2025, as

Epilepsy Awareness Month

in the state of Alabama.



*Given Under My Hand and the Great Seal of the
Office of the Governor at the State Capitol in the City of
Montgomery on the 29th day of October 2025.*

Kay Ivey
Kay Ivey, Governor