

Proclamation

By the Governor of Alabama

WHEREAS, in Alabama, 58.6 percent of the 1.1 million caregivers also balance a career with their caregiving responsibilities—selflessly provide care for their older parents, spouses and other loved ones, allowing them to live independently in their homes and communities rather than in costly institutional settings; and

WHEREAS, family caregivers in Alabama contribute hundreds of millions of hours of unpaid care each year, providing essential services such as bathing, meal preparation, medication management, transportation and medical support, often with little or no formal training; and

WHEREAS, Alabama's family caregivers face significant financial, emotional and physical challenges, with many paying out of their own pockets to meet their loved ones' needs, averaging thousands of dollars in personal expenses annually, while balancing work and other responsibilities; and

WHEREAS, these dedicated men and women sustain families, strengthen communities, and save taxpayers billions of dollars each year, demonstrating extraordinary commitment, compassion and resilience; and

WHEREAS, Family Caregivers Month provides an opportunity for all Alabamians to recognize the sacrifices, contributions and invaluable service of family caregivers across the state:

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim November 2025, as

Family Caregivers Month

In the state of Alabama, and I commend and honor Alabama's family caregivers and encourage all citizens to express gratitude, provide support where possible and advocate for policies that ease the financial, emotional and practical burdens they bear.



Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 23rd day of October 2025.

Kay Ivey, Governor