



# *Proclamation*

## *By the Governor of Alabama*

*WHEREAS, Traumatic Brain Injury (TBI) is a leading cause of death and disability; and*

*WHEREAS, a TBI is caused by a bump, blow or jolt to, or penetration of, the head that disrupts the normal function of the brain; and*

*WHEREAS, more than 6,700 Alabamians sustained a TBI in 2024 with an estimated 102,000 Alabamians living with a TBI. Everyone is at risk for TBI, especially children, teenagers, military members and older adults; and*

*WHEREAS, falls are a leading cause of brain related injuries in Alabama. They can also be the result of motor vehicle crashes, assaults, guns shot wounds, sports related injuries, occupational related-injuries, military service or opioid overdoses; and*

*WHEREAS, TBI is a frequent but under-recognized condition co-occurring with substance use disorders and mental illness; and*

*WHEREAS, TBI has been the signature injury of war in Iraq and Afghanistan, treatment is often complicated by high rates of Post Traumatic Stress Disorder, mental illness and suicide, presenting challenges for members of the military and families in the state; and*

*WHEREAS, sports related injuries happened among youth five and 19 years of age and because the signs of Concussion or Mild TBI are not always well recognized, youth may put themselves at risk for another injury and potentially fatal second-impact syndrome and mental health conditions; and*

*WHEREAS, early screening, adequate intervention, especially cognitive rehabilitation and social supports will greatly increase the quality of life and enable individuals with brain injury return to home, school, work or community;*

*NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim March 2025, as*

# *Alabama Traumatic Brain Injury Awareness Month*

*in the state of Alabama.*



*Given Under My Hand and the Great Seal of the  
Office of the Governor at the State Capitol in the City  
of Montgomery on the 7<sup>th</sup> day of March 2025.*

*Kay Ivey*  
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*Kay Ivey, Governor*