



# Proclamation

## By the Governor of Alabama

*WHEREAS, mental illness and substance use disorders affects communities nationwide, but with commitment and support, individuals can embark on a journey of improved health, overall wellness and recovery; and*

*WHEREAS, Recovery Month, celebrated in September, was started in 1989, and is a national observance to promote and support new evidence-based treatment and recovery practices, the nation's strong and proud recovery community and the dedication of service providers and communities who make recovery in all its forms possible; and*

*WHEREAS, in celebration of all individuals on the road to recovery, we recommit each year to helping prevent substance use disorder, supporting and providing people in recovery with the resources they need to live full and healthy lives; and*

*WHEREAS, mental health and substance use disorders affects all in our communities and state. More than 126,000 Alabamians received treatment for mental illness and substance use disorders through the work of the Alabama Department of Mental Health (ADMH) and its providers in fiscal year 2023; and*

*WHEREAS, when family and friends experience sustained recovery, our state becomes stronger and more resilient. To ensure all Alabamians are educated and informed of available services, ADMH and its providers share crucial resources for prevention and treatment; and*

*WHEREAS, ADMH mental health and substance use partners seek to advance the importance of recovery support within the community while promoting the right of self-determination and personal responsibility; and*

*WHEREAS, we thank peer recovery support professionals, counselors, addiction specialists, first responders, scientists, family members and everyone who works tirelessly to help our fellow Alabamians recover from mental illness and substance use disorder; and*

*WHEREAS, through Recovery Month, people become more aware and able to recognize the signs of mental illness and substance use disorders and help encourage their loved ones in need of recovery services to seek help. Increased awareness and engagement improve the lives of all Alabamians;*

*NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim September 2024, as*

# Recovery Month

*in the state of Alabama.*



*Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 19<sup>th</sup> day of September 2024.*

*Kay Ivey*

*Kay Ivey, Governor*