



Proclamation

By the Governor of Alabama

WHEREAS, the mission of the United States Breastfeeding Committee (USBC) is to improve the Nation's health by working collaboratively to protect, promote and support breastfeeding; and

WHEREAS, USBC envisions breastfeeding as the norm for infant and young child feeding throughout the United States; and

WHEREAS, breast milk is the preferred and most appropriate source of nutrition for infants, adapting over time to meet the changing needs of the growing infant; and

WHEREAS, breastfeeding is a proven primary prevention strategy, protecting both infants and mothers from a host of chronic and acute diseases and conditions and building a foundation for life-long health and wellness; and

WHEREAS, the act of breastfeeding builds a strong emotional connection between the mother and infant, a bond which lasts a lifetime; and

WHEREAS, breastfeeding provides a safe, reliable, and renewable food source, especially critical during natural disaster and emergency situations; and

WHEREAS, all major medical authorities recommend that mothers breastfeed exclusively for six months and continue breastfeeding for at least the first year of a child's life, yet breastfeeding rates continue to fall short of the Nation's Healthy People objectives;

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim August 2021, as

Breastfeeding Month

in the state of Alabama.



Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 26th day of July 2021.

Kay Ivey

Kay Ivey, Governor