



# Proclamation

## By the Governor of Alabama

*WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and*

*WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and*

*WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and*

*WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and*

*WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and*

*WHEREAS, the Men's Health Month web site has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and*

*WHEREAS, Alabama's Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and*

*WHEREAS, the people of Alabama are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups; and*

*NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim June 2020, as*

# Men's Health Month

*in the state of Alabama.*



*Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 20<sup>th</sup> day of May 2020.*

*Kay Ivey*  
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Kay Ivey, Governor