



Proclamation

By the Governor of Alabama

WHEREAS, cardiovascular diseases kill one in three women in the U.S., yet 80% of cardiovascular diseases may be prevented; and

WHEREAS, cardiovascular diseases and stroke kill one woman every 80 seconds in the U.S.; and

WHEREAS, nearly 45% of women aged 20 and older are living with some form of cardiovascular disease; and

WHEREAS, 90% of women have one or more risk factors for developing heart disease or stroke; and

WHEREAS, women are less likely to call 9-1-1 for themselves when experiencing symptoms of a heart attack than they are if someone else were having a heart attack; and

WHEREAS, over 40% of Hispanic adult women and 57% of black women have cardiovascular disease; and

WHEREAS, cardiovascular disease is the leading cause of all maternal death; and

WHEREAS, the American Heart Association's Go Red for Women® movement motivates women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke; and

WHEREAS, Go Red for Women encourages women to take control of their heart health by knowing and managing total cholesterol, HDL (good) cholesterol, blood pressure, blood sugar and body mass index;

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim February 7, 2020 as

National Wear Red Day ®

in the state of Alabama.



Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 16th day of January 2020.

Kay Ivey

Kay Ivey, Governor