



# *Proclamation*

## *By the Governor of Alabama*

*WHEREAS, caregivers are considered the backbone of Alabama's long-term care system; and*

*WHEREAS, respite care is a short-term, temporary relief that can make a world of difference for family caregivers of both children and adults with disabilities or other health needs; and*

*WHEREAS, an estimated 1.8 million Alabamians are providing full-time care for a family member; and*

*WHEREAS, respite care is one of the most frequently requested home and community-based services, yet remains in critically short supply; and*

*WHEREAS, though respite care is a proven cost-effective solution that helps preserve families by reducing stress, supporting stability, preventing the incidence of abuse and neglect and relieving the physical, emotional and financial consequences for the family caregiver;*

*NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim November 2019, as*

# *Respite Care Awareness Month*

*in the state of Alabama.*

*Given Under My Hand and the Great Seal of the  
Office of the Governor at the State Capitol in the City  
of Montgomery on the 30<sup>th</sup> day of September 2019.*

*Kay Ivey*

*Kay Ivey, Governor*

