



Proclamation

By the Governor of Alabama

WHEREAS, behavioral health is an essential part of health and one's overall wellness. Prevention of mental illness and substance use disorders works, treatment is effective, and people recover in Alabama and around the nation; and

WHEREAS, preventing and overcoming mental illness and substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

WHEREAS, National Recovery Month in September continues to work to improve the lives of those affected by mental illness and substance use disorders by raising awareness of these diseases and educating communities about the prevention, treatment, and recovery resources that are available; and

WHEREAS, The Alabama Department of Mental Health encourages relatives and friends of people with mental illness and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, The Alabama Department of Mental Health and local community providers offered treatment, counseling and innovative services such as job coaching to over 125,000 individuals in 2018; and

WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and the Alabama Department of Mental Health invite all residents of Alabama to participate in National Recovery Month (Recovery Month);

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim September 2019, as

National Recovery Month

in the state of Alabama.



Given Under My Hand and the Great Seal of the Office of the Governor at the State Capitol in the City of Montgomery on the 23rd day of August 2019.

Kay Ivey

Kay Ivey, Governor